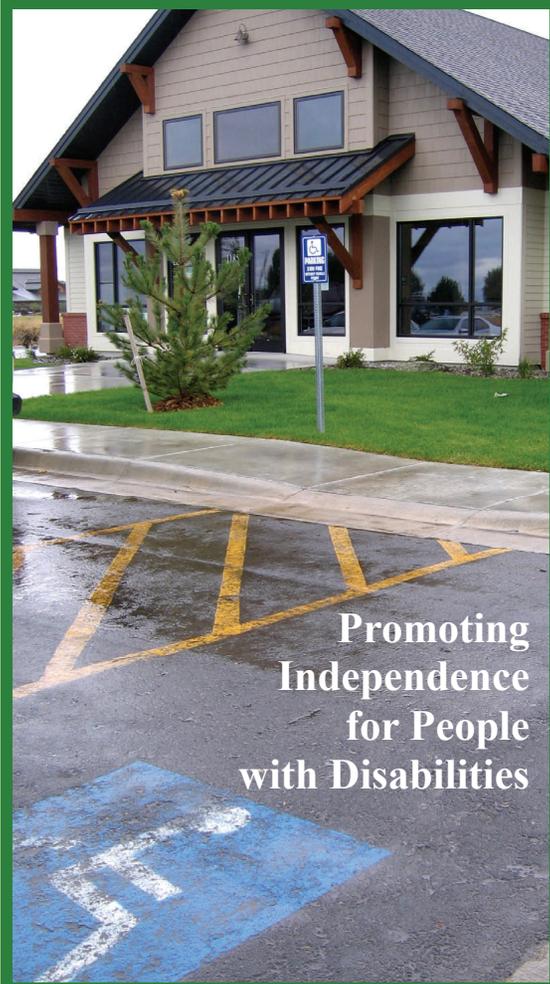


Montana Independent Living Project, Inc.

Serving southwestern Montana since 1981



Promoting
Independence
for People
with Disabilities

Montana Independent Living Project (MILP) is a not-for-profit agency striving to support the development and expansion of community based services which directly facilitate independence, productivity and quality of life for people with disabilities.



**Montana
Independent
Living Project**

*Promoting Independence for
People with Disabilities*

Medicaid Self-Directed Personal Assistance Services Program

Medicaid's Self-Directed Personal Assistance Services Program (**SDPAS**) **is designed especially for consumers who wish to manage their own services by developing a long-term supportive care program in a home setting.**

Initial arrangements may involve recruiting, hiring, training and managing personal care attendants as needed by the consumer. The specific type of care authorized is dependent upon the consumer's needs, living situation, the approval of a healthcare professional, and the Mountain Pacific Quality Health Foundation.

SDPAS services may include: help with bathing, dressing, grooming, toileting, eating, ambulation and exercising. Depending upon your personal situation, you may also receive authorization for meal preparation, light housekeeping, laundry, grocery shopping and medical escort. In addition, your health care professional may allow self-management of your personal bowel program, catheter care, medication administration or wound care.

Eligibility Under Medicaid

To qualify for SDPAS, you must:

1. have a health condition that limits your ability to perform activities of daily living,
2. participate in the screening process,
3. be financially eligible for Medicaid.

To remain eligible for SDPAS, you, the consumer, must follow the rules of the program, participate in your own self-care as much as possible and remain financially eligible for Medicaid. If your situation or needs change, adjustments in service or a potential discharge from the SDPAS program may occur.

As your SDPAS liaison, MILP serves as the fiscal agent for payroll and billing to Medicaid for service payments, as well as provides you with instruction on how to train and educate your own Personal Care Attendant (PCA).

How to Apply

To apply for SDPAS services, call the MILP Office nearest you:

MILP Toll Free	1-800-735-6457
Helena Office	(406) 442-5755
Butte Office	(406) 782-4834
Bozeman Office	(406) 522-7300

You may also contact the Mountain Pacific Quality Health Foundation at 1-800-268-1145.

The self-direct program is made available through the Dept. of Public Health Human Services (DPHHS) and the Senior and Long Term Care Division (SLTC).