

How to Obtain Services

For more information on how MILP's services may benefit you or someone you know, contact MILP's Helena office at **406-442-5755**, or toll free **1-800-735-6457**.

MILP has office locations providing services to consumers living in the southwestern fourteen counties of Montana. **Our office in Helena** provides services in Broadwater, Jefferson and Lewis & Clark counties. The **Butte branch** provides services in Beaverhead, Deer Lodge, Granite, Jefferson, Madison, Silver Bow, and Powell counties. The **Bozeman branch** provides services in Gallatin, Park, Sweet Grass, Wheatland and Meagher counties.

Payment for MILP services may come from several different resources including the consumer, health and liability insurers; workplace benefit resource programs, and/or state and federal assistance programs.

A MILP Independent Living Specialist is available to assist you in identifying, applying for and securing any and all benefits for which you are entitled.

To obtain accessible formats of this brochure or other MILP materials contact: MILP at (406) 442-5755 or 1-800-735-6457

MILP

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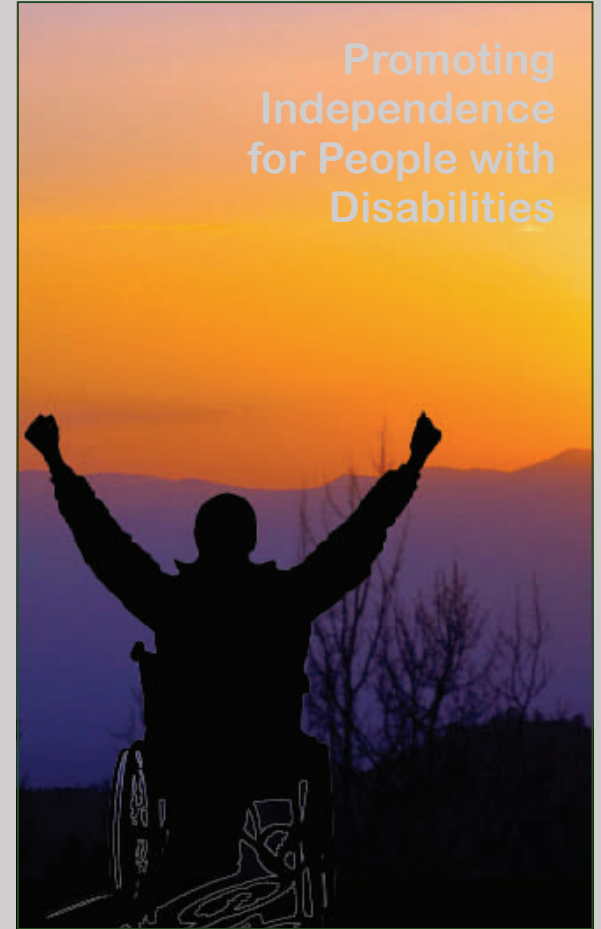
visit us on the web
www.milp.us

MILP is a not-for-profit agency governed by a consumer-controlled Board of Directors whose lives have been personally impacted by a disability. It is funded in part by the Rehabilitation Act of 1973 as amended in 1992 (Title VII—Independent Living Services), and the Montana Department of Public Health and Human Services (Division of Rehabilitative Services).

Montana Independent Living Project, Inc.

Serving southwestern Montana since 1981

Promoting
Independence
for People with
Disabilities



Montana Independent Living Project (MILP) is a not-for-profit agency striving to support the development and expansion of community based services which directly facilitate independence, productivity and quality of life for people with disabilities.

What is Independent Living?

Independent Living can mean many things to many people, but for thousands of people independent living simply means having equal access to the same opportunities as the rest of society.

- full physical and psychological independence as one's disability allows,
- full participation in society,
- full or part-time employment opportunities,
- independent living accommodations: an apartment or personal residence,
- personal political and religious preferences and inclusion,
- Access to any and all forms of public transportation, and
- Full access to all services provided by business, local, state and federal government agencies and services as specified by the Americans with Disabilities Act (ADA).



We work with and for others to ensure that consumers are able to live as independently in their own homes as they desire and have access to all necessary services that promote quality of life within their own residence and the greater community.

What is a Disability?

Under the Americans with Disabilities Act (ADA), a person with a disability is a person who has a physical or mental impairment that substantially limits one or more major life activities.

A record of such impairment is regarded as proof of living with that impairment. Major life activities may include: walking, seeing, speaking, hearing, breathing, learning, performing manual tasks, caring for oneself and working.



MILP Services Include:

Information & Referral

MILP provides timely information to people with disabilities, their families, and the general public through the use of our staff's expertise and access to the internet and other information resources.

Independent Living Skills Training

MILP's professional staff of Independent Living Specialists provides people with disabilities – our consumers – with both instruction and training to assist them with living independently.

We offer:

- Daily Living Skills
- Community Resource Acquisition
- Support and Recreational Groups
- Social Security Assistance

Individual And Group Advocacy:

MILP's staff provides our consumers with information and training regarding individual civil rights and responsibilities regarding local, state and national issues. We assist consumers in promoting and modeling these interests to others.

MILP staff and board members participate in local, state and national activities which promote the full inclusion of people with disabilities in all areas of daily living.

Peer Advocacy:

A person who has experienced a disability may be available to help in a private one-on-one setting to provide peer advice and support to another individual who is experiencing similar adjustment challenges. All peer advocates are trained and supervised by MILP's professional staff members.