

Orientation & Mobility (O&M)

Instruction Includes:

Develop IEP goals & objectives

Provide initial and ongoing assessments

Way-finding skills & use of GPS

Transportation & route planning

Street crossing strategies

Problem-solving & recovery strategies

Assertiveness & self-advocacy skills

Long white cane techniques

Positional, spatial, & environmental

concept development

www.milp.us

1.800.735.6457



Montana Independent Living Project (mILp) is a not-for-profit agency promoting independence for people living with disabilities.



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1981
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Montana Independent Living Project



Orientation & Mobility Instruction

What is O & M Instruction?

Orientation & Mobility (O&M) is direct, one-on-one, personalized instruction that teaches individuals with blindness or low vision to travel independently, safely, and efficiently.



Early Intervention
Infants



Toddlers



mILp's O&M Team
(Caitlyn, Melanie, & Chris)

Chris Siller-
Western

Melanie Bush-
North Central &
Northeast

Caitlyn Blodget-
Southeast & Southwest



Veterans &
Vocational
Rehabilitation (VR)
Clients



Students &
Youth in Transition

Got Questions? Call mILp!
1.800.735.6457
Email: O&M@mILp.us